

**Abstract**

In a spring suspension mat (10), more especially for the cushioning of seats, beds or chairs of all types, said mat having spring members (12), which are disposed adjacent each other in a first direction substantially parallel to a surface, which is usable by a user, with spring parts (12a), which stand up transversely relative to the useable surface, the spring members being interconnected for operative connection via connecting means (14) transversely relative to their first direction substantially parallel to the surface, wherein the spring parts (12a) with the spring members are one-piece sections of the spring members (12) and are generally formed from the same and in that the spring parts are nevertheless, where necessary, resiliently deformable individually, independently of each other, the desired impression of sitting on something soft is created saving space in an alternative manner (Figure 1, 2).